

Family & Friends Seminar

Saturday, March 8th
9:00-11:00 am

Anamosa Wellness Center
208 W Main St
Anamosa, IA 52205

A 2-hour seminar that provides support and education to family members of individuals living with mental health conditions.

REGISTER

[www.namidubuque.org/
classes](http://www.namidubuque.org/classes)

QUESTIONS?

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