

11TH ANNUAL ANAMOSA WRESTLING CAMP



COST

FREE!!!

WHERE

Anamosa High School - Wrestling Room

WHAT

Wrestling camp offers wrestlers the opportunity to learn the sport of wrestling and improve on current wrestling skills. Wrestling camp helps to build self-esteem and confidence through discipline and hard work. Good leadership and teamwork are skills that are promoted as well as focus, concentration, goal setting, work ethic, and positive thinking. All wrestlers are required to have good sportsmanship and will need to treat the coaches and other teammates with respect, or they will be asked to leave.

ATTIRE

Shorts/t-shirts/sweats/socks and/or wrestling shoes. No street clothes/shoes.
BRING WATER BOTTLE!!

2024 CAMP SCHEDULE

Camp Dates

Monday, Oct. 21st
Thursday, Oct. 24th
Monday, Oct. 28th
Tuesday, Oct. 29th

PreK - 2nd Graders

5:30p.m. - 6:30p.m.
5:30p.m. - 6:30p.m.
5:30p.m. - 6:30p.m.
5:30p.m. - 6:30p.m.

3rd-12th Graders

6:00p.m. - 7:30p.m.
6:00p.m. - 7:30p.m.
6:00p.m. - 7:30p.m.
6:00p.m. - 7:30p.m.

2024 CLUB INFORMATION

Registration for club will be October 28th and 29th.
Club practice will start Monday, November 4th.

AWC Mini Raider Tournament is Saturday, November 16th, 2024

QUESTIONS

anamosawrestlingclub@gmail.com